

Activity 1.6: Introduction to Module 2 participant-led learning activity

Duration: 5-10 minutes

Aims:

- To emphasise the benefits of applied learning
- To support participants to facilitate an activity

Requirements:

Printouts or electronic copies of Activity sheet 2.1 (see below)

Activities:

1. Identify a small group (2-4 people) to lead an icebreaker at the next training session. (You can either choose people or ask for volunteers.)
2. Share Activity sheet 2.2 with them and check understanding
3. If possible/desirable, invite the group to share their plan with a facilitator for feedback in advance of the session

Resources:

- Peas in Pods Training - Activity 2.1 - Icebreaker (participant-led).pdf

Facilitation notes:

The degree of support required will vary across cohorts. Key considerations are ensuring participant facilitators plan the timing of their activity, that groups work effectively and supportively together, and that the planned activity is inclusive. Also, that the group receives constructive feedback on their work.